

Northwest Region  
Hometown Health Improvement  
January 2013

**Baxter County**  
Excused

**LHU Administrator: Judy Martin**

**Benton County**

**LHU Administrator: Loy Bailey**

**STD/AIDS/HIV**

Holly Robins, PHN, PHI, presentation at Detention Center

**MEETINGS/ TRAININGS:**

- |                                       |  |
|---------------------------------------|--|
| • Bridges to Wellness                 | Board meeting  |
| • Drug Free Rogers/Lowell             | Board meeting  |
| • Benton County Community Coalition   | Monthly meeting. Program provided by National Children's Study |
| • Benton County Medical Reserve Corps | Executive Council Meeting                                      |
| • Energize NWA                        | Community wellness   |

**MEDIA:**

- |                                     |                           |
|-------------------------------------|---------------------------|
| • Benton County Community Coalition | Covered by NWA Newspapers |
|-------------------------------------|---------------------------|

**GRANTS:**

- |                  |  |
|------------------|--|
| • NACCHO \$4,000 | Medical Reserve Corps/Benton County Unit |
|------------------|--|

**NETWORKING:**

- |                         |  |
|-------------------------|--|
| • Coalition focus group | Meeting to discuss how coalition may look in future, i.e., 501c3, better utilizing existing 501c3 orgs currently part of coalition, etc. |
|-------------------------|--|

**ADMINISTRATIVE FUNCTIONS:**

- |           |   |
|-----------|---|
| • January | Identified potential programs for future Coalition meetings |
|-----------|---|

**Boone County**

**LHU Administrator: Tammi McCutchen**

**ALCOHOL & DRUG PREVENTION**

Circle of Life Program – Alcohol abuse presentation to teen mothers.  
01/10/13

**CANCER**

Boone County Cancer Support Group 01/09/13

**CHILD/SCHOOL HEALTH**

Safe Routes to schools – Planning meeting 01/23/13 10:00-2:00, planning event day to be held in March.

<b>DIABETES</b>	CHRC Diabetes Support Group Meeting – Community Support Group 01/14/13
<b>EMERGENCY PREPAREDNESS</b>	Worked with Sara Daniel on Boone County Mass Dispensing Plan 01/28/13. Met with Carey Foley @ North Arkansas Medical Center, and Scottie Trammel, Operations Manager –EMT's at North Arkansas Medical Center.
<b>NUTRITION</b>	Garden Work day with Northark Agri. Class – Willard Dunn Memorial Garden. 01/16/13
<b>TEEN PREGNANCY</b>	Circle of Life Project – Group Meeting, community members, local churches and Durand Center.
<b>OTHERS: HOUSING PROJECT</b>	Neighborhood Housing Surveys done; project areas – Fighting poverty and sustainable solutions.
<b>MEETINGS/ TRAININGS:</b>	
• Safe Routes to School	Event planning for March 2013 (012313)
• Supervisor 101 Training/LR	Supervisor 101 Training (011513-011713)
• NLNAC meeting/luncheon	Met with the college and other community leaders and the National League for Nursing Accrediting Commission for input on the nursing students and the work they do in the community and at health department. (01/29/13)
<b>GRANTS:</b>	
• Robert Wood Johnson Grant	Amount of \$360,000.00 – Healthy Kids Healthy Ozarks
• AmeriCorps Vista project site grant	Amount of \$529,136.00 – Vista project site grant.
• ADH community based tobacco prevention and education program	Applied amount \$75,000.00 – Tobacco prevention and education
• Susan G. Komen Grant	Applied for continuation funding.
<b>ADMINISTRATIVE FUNCTIONS:</b>	
• 01/24/13	HTH Executive committee meeting; discussed new programs/projects, reconstruction of current committees.

## **Carroll County**

### **AGING POPULATION**

## **LHU Administrator: Sherri Plumlee**

Pepi, Line Dance classes weekly at senior center

### **ALCOHOL & DRUG PREVENTION**

Meeting with Carroll County Coalition for Youth –Planning for Teen Summit

### **CANCER**

Relay for life committee meeting/team meeting for this years relay- Carroll  
County recognized as ALL AMERICAN RELAY due to fund raising level  
last year – given metal signs to post at county lines

<b>CHILD/SCHOOL HEALTH</b>	Sherri attended the Berryville School wellness committee- discussed child nutrition – back pack project
<b>DIABETES</b>	Mercy support group meets monthly
<b>EMERGENCY PREPAREDNESS</b>	Meeting with Lance Greathouse to do updates to MDP
<b>HEART DISEASE/STROKE</b>	Mercy support groups meet monthly, cardiac rehab available at Mercy 3xwk
<b>IMMUNIZATION</b>	Provided information to daycare on guidelines and requirements
<b>INFANT MORTALITY</b>	Meeting with Circle of Life
<b>NUTRITION</b>	Master Gardeners working with Jr Master Gardeners in outdoor class room at 3-5 Berryville School. Berryville school wellness committee- back pack back project
<b>PHYSICAL ACTIVITY</b>	Swimming, yoga, karate, walking track through out week at community center
<b>TEEN PREGNANCY</b>	Meeting with group Circle of Life
<b>TOBACCO/SMOKING CESSATION</b>	Handed out Tobacco SOS Cards and Referrals to WIC/ MAT and FP Clients
<b>YOUTH OUTREACH</b>	Meeting with Carroll county coalition for youth- planning for teen summit. Master gardeners working with the youth in the outdoor class room
<b>OTHERS: WIC</b>	Provided information and pamphlets to daycare on WIC guidelines and foods provided
<b>MEETINGS/ TRAININGS:</b>	
• Sherri Plumlee, Mary Cay Crow, Jan Siebert	6 steps to breastfeeding- setting up Breastfeeding classes for Carroll county
• MaryCay Crow, Janet Villines, Trisa Spencer	Discuss and observation of new WIC audit tool
• Carroll County Staff	6 steps of Breastfeeding – discussion for LHU implementation
• Carroll County Staff	OSHA Blood and Body Fluids Inservice
<b>NETWORKING THIS MONTH:</b>	
• 1-18-13/ LHU	Randy Forst, County Agent –upcoming partnerships and horticulture projects
• 1/14-13/ court house	Sam Barr, County Judge- update on LHU issues
• 1/14-13/phone	Dr. Alice Martinson, County officer – update on LHU issues
• 1-29-13	Advisory committee for Berryville School- CTE classes
<b>ADMINISTRATIVE FUNCTIONS, I.E. ANYTHING RELATED TO HHI</b>	
• 1-16-13	Meeting with Jim and Stephanie on Admin issues
• 1-23-13	Meeting with Jan on Admin issues
• 1-25-13	Admin meeting in Russellville

## **Conway County**

Report not submitted.

## **LHU Administrator: Jaynie Jones**

## **Crawford County**

**ALCOHOL & DRUG PREVENTION**

## **LHU Administrator: Michelle Hammer**

CCHEC coalition met 01/29/13 to discuss further plans for Town Hall Meeting/Teen Summit on 04/26/13.

### **GRANTS:**

- Project Scope-1500.00

Town Hall Meeting/Teen Summit planned for 04/26/13 to promote alcohol abuse awareness for 7<sup>th</sup> thru 9<sup>th</sup> grades at Cedarville Public Schools.

**AW**

## **Franklin County**

**EMERGENCY PREPAREDNESS**

## **LHU Administrator: Rebecca Wright**

WORKING WITH RANDY DICKERSON AT MERCY HOSPITAL PLANNING AND WORKING WITH AWIN RADIOS 01/28/13

**INJURY PREVENTION**

TERESA WILLIAMS WITH INJURY PREVENTION AT MERCY HOSPITAL ARE PLANNING OUTREACH AT SCHOOLS 01/16/13

**YOUTH OUTREACH**

PLANNING WITH MERCY HOSPITAL

### **OTHERS:**

PLANNING 100 YEAR ANNIVERSARY 01/30/13

### **MEETINGS:**

- CLINIC COORDINATOR
- ADMINISTRATOR MEETING

REBECCA WRIGHT 01/18/13

REBECCA WRIGHT 01/25/13

### **MEDIA:**

- NEWSPAPER OZARK
- NEWSPAPER CHARLESTON
- RADIO

100 YEAR ANNIVERSARY

100 YEAR ANNIVERSARY

100 YEAR ANNIVERSARY

### **NETWORKING:**

- 01/16/13 MERCY HOSPITAL

PLANNING OUTREACH WITH MERCY HOSPITAL

## **Johnson County**

**BREASTFEEDING**

## **LHU Administrator: Judy Bradley**

Provided updated copy of medication and mother's milk for Dr. Noonan's Medical Practice- Ashley Riley, Outreach form completed  
Provided updated copy of Dr. Hale's 2012 Medication and Mother's Milk- Ashley Riley- outreach form completed

**CHILD/SCHOOL HEALTH**

Lamar Schools January 24, 2013 at the old Cafeteria.

**EMERGENCY PREPAREDNESS**

Judy Bradley & Sara Daniel went to Johnson County Regional and met with Ranay Storms regarding AWIN Radio's.

**OBESITY**

We also met with Josh Johnston EOM, Director for Johnson County. Johnson County Resource Alliance –Ashley Wright presented "Cooking

Matters" January 23<sup>rd</sup> at the Coffee House in Clarksville Arkansas

**ORAL HEALTH**

All nursing staff provides free toothbrushes to all WIC certifications.

**OTHERS: FLU UPDATE**

Judy Bradley presented live on the Radio Station KXIO 106.9 on January 11<sup>th</sup> providing an update on the flu.

**MEETINGS:**

- Judy Bradley Kiwanis January 4, and 11<sup>th</sup>. at the College of the Ozarks.
- Judy Bradley and all staff Staff Meeting January 9<sup>th</sup>, Johnson County Health Unit-
- Judy Bradley & Sara Daniel Work on Mass Dispensing Plans, January 8<sup>th</sup>, 2013
- Judy Bradley, Lamar Schools, School Wellness Meeting, at Lamar Schools January 24<sup>th</sup>, 2013
- Judy Bradley Russellville Regional Office, January 18<sup>th</sup>, Clinic Coordinator Meeting
- Judy Bradley Russellville Regional Office, January 25<sup>th</sup>, LHU Administrator Meeting
- Judy Bradley, Margaret Chappell Johnson County Resource Alliance, at the Coffee House in Clarksville AR, January 23<sup>rd</sup>, 2013

**MEDIA:**

- Graphic Flu Cases Rising in Arkansas; Not too late for vaccination
- KXIO 106.9 Judy Bradley presented live on the Radio Station KXIO 106.9 on January 11<sup>th</sup> providing an update on the flu.

**ALL PRESENTATIONS**

- January 11<sup>th</sup>, 2013 Update on Flu, Radio KXIO 106.9

**Logan County**

**LHU Administrator: Paula Beaty**

**ALCOHOL & DRUG PREVENTION**

01/08/13 Paula Beaty met with Logan County Health Coalition and discussed prescription drug drop boxes in Logan County.

**BREAST CARE**

01/18/13 Brenda Ramos gave information about services to clients at the community Free Medical Clinic and Outreach in Ratcliff, Ar. At Ratcliff First Baptist Church.

**BREASTFEEDING**

01/17/13 Pam Davis presented information for services to patients at a local medical clinic, including Medicaid outreach.  
01/18/13 Brenda Ramos gave information about services to clients at the community Free Medical Clinic and Outreach in Ratcliff, Ar. At Ratcliff First Baptist Church.

**CAR SEAT SAFETY**

01/29/13 Stacy Ryan discussed services with Eccles Pediatric Clinic.  
1/8/13 Paula Beaty discussed planned activities for Car seat safety for Injury Prevention with LCHC.

**CHILD/SCHOOL HEALTH**

1/8/13 Paula Beaty met with Magazine Wellness Clinic to discuss Imms for school aged children and new guidelines for Fall 13.  
1/8/13 Paula Beaty met with TEAMS to discuss policies for Wellness Clinic located in Magazine School.  
1/14/13 Paula Beaty spoke with Booneville schools regarding upcoming changes in 7<sup>th</sup> grade Imms policies.  
01/18/13 Brenda Ramos gave information about services to clients at the community Free Medical Clinic and Outreach in Ratcliff, Ar. At Ratcliff First

	Baptist Church.
<b>DIABETES</b>	1/8/13 Paula Beaty met with TEAMS to discuss policies for Wellness Clinic located in Magazine School.
<b>EMERGENCY PREPAREDNESS</b>	1/10/13 Paula Beaty spoke with LCOEM about upcoming training and updating County Emergency Plan.
<b>FAMILY PLANNING</b>	1/8/13 Paula Beaty met with TEAMS to discuss policies for Wellness Clinic located in Magazine School. 01/17/13 Pam Davis presented information for services to patients at a local medical clinic, including Medicaid outreach. 01/18/13 Brenda Ramos gave information about services to clients at the community Free Medical Clinic and Outreach in Ratcliff, Ar. At Ratcliff First Baptist Church. 01/30/13 Brandy Hardin discussed services with staff and patrons at the Booneville Library.
<b>IMMUNIZATION</b>	1/8/13 Paula Beaty met with Magazine Wellness Clinic to discuss Imms for school aged children and new guidelines for Fall 13. 01/17/13 Pam Davis presented information for services to patients at a local medical clinic, including Medicaid outreach. 01/18/13 Brenda Ramos gave information about services to clients at the community Free Medical Clinic and Outreach in Ratcliff, Ar. At Ratcliff First Baptist Church.
<b>INFANT MORTALITY</b>	1/8/13 Paula Beaty discussed planned activities for Car seat safety for Injury Prevention with LCHC.
<b>INJURY PREVENTION</b>	1/8/13 Paula Beaty discussed planned activities for ATV and Car seat safety for Injury Prevention with LCHC.
<b>NUTRITION</b>	01/17/13 Pam Davis presented information for services to patients at a local medical clinic, including Medicaid outreach.
<b>OBESITY</b>	1/8/13 Paula Beaty discussed Fitness Challenge with LCHC.
<b>PHYSICAL ACTIVITY</b>	1/8/13 Paula Beaty discussed Fitness Challenge with LCHC.
<b>STD/AIDS/HIV</b>	1/8/13 Paula Beaty met with TEAMS to discuss policies for Wellness Clinic located in Magazine School. 01/18/13 Brenda Ramos gave information about services to clients at the community Free Medical Clinic and Outreach in Ratcliff, Ar. At Ratcliff First Baptist Church.
<b>TEEN PREGNANCY</b>	1/8/13 Paula Beaty met with TEAMS to discuss policies for Wellness Clinic located in Magazine School. 01/17/13 Pam Davis presented information for services to patients at a local medical clinic, including Medicaid outreach. 01/18/13 Brenda Ramos gave information about services to clients at the community Free Medical Clinic and Outreach in Ratcliff, Ar. At Ratcliff First Baptist Church.
<b>TOBACCO/SMOKING CESSATION</b>	1/8/13 Paula Beaty met with LCHC and discussed upcoming health fairs and activities for Tobacco Cessation Program. 01/18/13 Brenda Ramos gave information about services to clients at the

	community Free Medical Clinic and Outreach in Ratcliff, Ar. At Ratcliff First Baptist Church.
<b>YOUTH OUTREACH</b>	1/8/13 Paula Beaty met with TEAMS to discuss policies for Wellness Clinic located in Magazine School.
<b>WORKSITE WELLNESS</b>	1/8/13 Paula Beaty discussed Fitness Challenge with LCHC for workplace wellness. 1/14/13 Paula Beaty spoke with Fitness Challenge Committee about upcoming Logan Co. Fitness Challenge 3/1 through 5/31.
<b>OTHERS:WIC</b>	01/17/13 Pam Davis presented information for services to patients at a local medical clinic, including Medicaid outreach. 01/29/13 Amanda Tanner discussed services with Logan County Daycare Center. 01/29/13 Stacy Ryan discussed services with Eccles Pediatric Clinic.
<b>OTHERS:MATERNITY</b>	01/17/13 Pam Davis presented information for services to patients at a local medical clinic, including Medicaid outreach.
<b>OTHERS:FLU</b>	01/24/13 Brenda Jarrard talked to community members about Flu stats and vaccination. Also discussed upcoming Flu clinics in October.
<b>COMMUNITY FLU CLINIC</b>	01/24/13 Brenda Jarrard talked to community members about Flu stats and vaccination. Also discussed upcoming Flu clinics in October.
<b>COUNTY HHI CELEBRATION</b>	1/8/13 Paula Beaty Discussed planning community activities for upcoming 100 yrs Public Health Celebration in April, with LCHC.
<b>MEETINGS/ TRAININGS:</b>	
<ul style="list-style-type: none"> <li>Magazine Wellness Clinic</li> <li>Logan County Health Coalition</li> <li>Fitness Challenge Committee</li> </ul>	<p>Paula Beaty – Magazine School- discussed Imms, policies, and partnering with LHU.</p> <p>Paula Beaty – LHU – discussed Fitness Challenge, Grant application, prescription drug drop boxes, electing chairs, inviting new members/community involvement, 100 yrs public health celebration planning, ATV Safety and Injury Prevention, Car seat Safety, and Tobacco Cessation.</p> <p>Paula Beaty- Booneville Hospital- Discussed upcoming Logan Co. Fitness Challenge, events, sponsors, and Team Participation.</p>
<b>MEDIA:</b>	
<ul style="list-style-type: none"> <li>Pat McHughs</li> </ul>	1/16/13 Article Published on Flu Vaccine and Cases in Logan County.
<b>GRANTS:</b>	
<ul style="list-style-type: none"> <li>Drug Drop Box</li> </ul>	Purchase Drop Box for Prescription Drugs for Logan County.
<b>NETWORKING:</b>	
<ul style="list-style-type: none"> <li>1/10/13 LCOEM</li> <li>1/2/13 Logan Co. Courthouse</li> <li>01/31/13 LCOEM</li> <li>01/24/13 Magazine Wellness Clinic</li> </ul>	<p>Don Fairbanks – updating County Emergency Plan</p> <p>Judge Gus Young- inclement Weather in Logan county and service disruption.</p> <p>Don Fairbanks- updating County Dispensing Plan</p> <p>Stacy Ryan met with Magazine Wellness Clinic to discuss Access Arkansas.</p>

**ADMINISTRATIVE FUNCTIONS:**

- 1/8/13 Logan County Health Coalition
- 01/29/13 Survey Completed by Paula Beaty

Paula Beaty – LHU – discussed Fitness Challenge, Grant application, prescription drug drop boxes, electing chairs, inviting new members/community involvement, 100 yrs public health celebration planning, ATV Safety and Injury Prevention, Car seat Safety, and Tobacco Cessation.  
2013 National Profile of Local Health Departments Study

**Madison County****LHU Administrator: Shana Villines****BREASTFEEDING**

Local health unit nurse takes pictures of breastfeeding moms and their children and showcases them on a bulletin board in our clinic room. We have monthly breastfeeding support group at Open Arms Pregnancy Center. LHU Administrator promoted breastfeeding at our safety baby shower.

**CANCER**

We continue our Komen Breast Health Navigation Program. Monthly breast cancer support meeting. Komen Navigator attends Breast Conference in Fayetteville once per week. This is where area doctors and providers meet to discuss clients and treatment options.

**CAR SEAT SAFETY**

We installed 6 car seats for the month of December. Every parent was educated on Act 811 and signed the smoke free car pledge.

**DIABETES**

Monthly Diabetic Support Meetings

**TEEN PREGNANCY**

Project FOCUS continues to work with our pregnant and parenting teens. We partner with them and give them condoms to distribute at our local high school. They refer teens to us for birth control.

**RESOURCE DIRECTORY  
DEVELOPED**

Continue to distribute the 2013 Madison County Health Resource Guide and Calendar. 2013 1<sup>st</sup> quarter newsletter printed and distributed.

**MEETINGS/ TRAININGS:**

- Shana Villines
- Shana Villines

Meeting with Univision r/t Hispanic Outreach  
NWA TRAC meeting

**Marion County****LHU Administrator: Valerie Shipman****BREASTFEEDING**

B-P Headstart WIC presentation 01/22/13 V Shipman

**CHILD/SCHOOL HEALTH**

SEE ABOVE

**EMERGENCY PREPAREDNESS**

SEE ABOVE

**HEART DISEASE/STROKE**

Silver Sneakers at Shape Fitness

**IMMUNIZATION**

B-P Headstart Presentation 01/22/13 V Shipman

**INFANT MORTALITY**

SEE ABOVE



**INJURY PREVENTION**

SEE ABOVE

**NUTRITION**

SEE ABOVE

**OBESITY**

Silver Sneakers/Yoga at Shape Fitness

**PHYSICAL ACTIVITY**

Silver Sneakers/Yoga at Shape Fitness

**WORKSITE WELLNESS**

AHELP teleconference meeting

**RESOURCE DIRECTORY  
DEVELOPED**

V Shipman updated call down list for LHU

**MEETINGS/ TRAININGS:**

- V Shipman
- V Shipman
- V Shipman
- V Shipman

MRC mo mtg 01/17/13

MCCS school concession stand promoting the coalition

AHELP teleconf 01/22/13

Emer. Preparedness 01/22/13-New OEM, 01/31/13 Sara Daniel &amp; OEM

**GRANTS APPLIED:**

- Y-S School

**AW****NETWORKING:**

- 01/31/13

Keith Edmonds – OEM- updated MDP

**ALL PRESENTATIONS**

- 01/22/13 B-P  
School

Parents – WIC, Imms, Injury prevention

**Newton County****BREASTFEEDING****LHU Administrator: Regina Tkachuk**

Started working on preparing empty office space for breastfeeding room.

**SCHOOL FLU CLINIC**

01/29 Jenny provided approximately 20 flu doses to staff and students at Jasper School

**MEETINGS/ TRAININGS:**

- Regina Tkachuk
- Regina Tkachuk
- Regina Tkachuk
- Regina Tkachuk
- Regina Tkachuk

Newton Co. Cancer Support Group, NC Senior Center 01/02 @12:30

NC HHI Meeting, NC Special Services, 01/10 @ 10:30

NC Substance Abuse Prevention Meeting, NC Health Unit, 01/10 @ 9:00

NC Resource Council Meeting, NC Senior Center, 01/10 @ 5:00pm

NC Cancer Support meeting with City Hall 01/04 @ 10:00

**GRANTS:**

- ACC/1,300

Teen Summit, tobacco prevention and cessation

**AP****NETWORKING:**

- 01/10
- 01/22
- 01/22

Rhonda Page, planning for teen pregnancy presentation for WG school  
Jayme Jones, WG principal, discussed ATV safety, grants, teen summit  
Patty Mills, NCDEM Coordinator, worked on MDP

**ALL PRESENTATIONS:**

- 01/30 Jasper Learning Center

Jenny did presentation for early headstart on immunizations, WIC and child health

**Pope County****EMERGENCY PREPAREDNESS****LHU Administrator: Pam Sellers**

LEPC Meeting January 15<sup>th</sup>

**ENVIRONMENTAL HEALTH**

Press Release Regarding Rabies in county

**MEETINGS/ TRAININGS:**

- Pam Sellers
- Pam Sellers
- Pam Sellers
- Pam Sellers
- Pam Sellers & Sara Daniel
- Pam Sellers

Health Sub-Committee meeting 01/08/13

Coalition Meeting 01/08/13

LEPC Meeting 01/15/13

PHP Meeting 01/15/13

Met with Steve Olson at St. Mary's Regional Hospital 01/15/13

Administrators Meeting 01/25/13

**MEDIA:**

- Pam Sellers

Press Release sent to area Newspapers, radio and web news outlets regarding rabies in county.

**Scott County****EMERGENCY PREPAREDNESS****LHU Administrator: Darla Mortimore**

Lance Greathouse met with community partners in Waldron

**MEETINGS/ TRAININGS:**

- Darla Mortimore
- Darla Mortimore, Teresa Singleton
- Holly Laird
- Darla Mortimore
- Darla Mortimore
- Darla Mortimore
- Darla Mortimore, Lance Greathouse
- 1/28/13

SCHEC monthly meeting - 1/9/13 - Waldron

Lead Clerk Meeting – 01/18/13 - Russellville

Clinic Coordinator's Meeting – 01/18/13 - Russellville

MDT Meeting – 01/23/13 - Waldron

CHC meeting – 01/23/13 – Mena

Administrator's Meeting – 01/25/13 – Russellville

MDP/Bioterrorism Meeting – 01/31/2013 - Waldron

Monthly Staff Meeting

**NETWORKING:**

- 01/16/13 - Waldron

County Judge James Forbes – discussed new floors and new roof for LHU.

**ALL PRESENTATIONS:**

- 01/09/13 – Waldron

Various community members – update on community health center and small presentation on flu with question and answer session.

**Searcy County****AGING POPULATION****LHU Administrator: Libby Seftar**

26 Searcy Co. participants on medication assistance program through OMHN. 91 prescriptions received ytd.

<b>ALCOHOL &amp; DRUG PREVENTION</b>	Parent prevention meeting held at Marshall High School by Renee Kyle, Coalition coordinator. "How to identify teen drug abuse" presentation at Searcy Co. Prevention Coalition.
<b>CAR SEAT SAFETY</b>	2 cars seats installed by Lacye Vance, ACH
<b>CHILD/SCHOOL HEALTH</b>	Delta Garden continuing at Marshall H.S. Toured green house. Cooking classes being developed for students and parents
<b>DIABETES</b>	3 day diabetic course held at Petit jean electric by certified trainer Sara Bates through Ozark Mtn. Health Network
<b>EMERGENCY PREPAREDNESS</b>	Meeting held with OEM Charmaine Seaton and Sheriff Kenny Cassell and Deputy Dewayne Pierce. MDP reviewed and updated.
<b>INJURY PREVENTION</b>	Health fair planning meeting with emphasis on injury prevention w/teens.
<b>PHYSICAL ACTIVITY</b>	Zumba classes and silver sneakers program 3x week at community center. Weekly weight watchers meetings held at community center. Red Rivers Dance Club meets every 2 <sup>nd</sup> and 4 <sup>th</sup> Tuesday. NARMC hosts weight and fitness class at the hospital.
<b>TEEN PREGNANCY</b>	Home visits by YMHF program coordinator Jewel Poole. Currently 22 young moms and 23 babies between VBC and Searcy Co. Referrals for YMHF program ongoing at clinic. Meeting with J.Poole to review current case load.
<b>TOBACCO/SMOKING CESSATION</b>	SWAT team meetings held at Marshall High School
<b>ANY SURVEY (CAHS, CYHS, COUNTY HEALTH RANKINGS, YOUTH TOBACCO SURVEY, ETC.)</b>	Ozark Mtn. Health stakeholder meeting held in Clinton. Reviewed Community Health needs Assessment Survey Results. Top 2 issues chosen to work on developing a community action plan. #1) Obesity, Nutrition, Physical Fitness (to include cardiac and diabetic prevention) #2) Substance Abuse/Tobacco (to include alcohol and illegal substances). 3 <sup>rd</sup> meeting held 2/1/12 to begin developing a community action plan.
<b>COUNTY HHI CELEBRATION</b>	Planning 100 year celebration and open house on 2/28/13.
<b>MEETINGS/ TRAININGS:</b>	
• Ozark Mtn. Health Meeting	Community Stakeholder meeting- DHS administrator attended also.
• Growing healthy Community meeting	Letters and follow up to application process. Searcy Co. was not selected this year but will be able to attend regional summit.
• Health Fair Planning meeting	Planning committee met. Save the date cards have been sent. Partners and vendors being contacted regarding registrations.
<b>GRANTS:</b>	
• ADH Tobacco Prevention Grant	
• Susan G. Komen	

- \$2,500.00 Ark. Cancer coalition mini grant-

#### **NETWORKING:**

- 1/23/13 ATT contact regarding texting/driving simulator and video
- 1/10/13 Health Fair planning meeting
- 1/31/13 County Treasure, Co. clerk and Co. Judge regarding mini grant/fiduciary needs
- 1/8/13 Multi disciplinary team meeting regarding child abuse cases in county

#### **ADMINISTRATIVE FUNCTIONS:**

- 1/11/13 APHA Executive council meeting
- 1/14/13 Billing audit
- 1/17/13 Emergency Preparedness meeting with Sara Daniel
- 1/18/13 Clinic Coordinators meeting-Russellville
- 1/25/13 Administrators meeting-Russellville
- 1/29/13 CD and MCH updates

## **Sebastian County**

### **DIABETES**

### **LHU Administrator: Jo Wester**

The Sebastian County Health is encouraging employees to participate in their version of The Biggest Loser. Employees are encouraged to adapt healthier life styles to lose weight. The contest runs from January 1, 2013 through April 30, 2013. There will be prizes for largest amount of weight lost and largest percent of weight lost.

During the last contest employees lost more than 300 pounds and one of the employees was able to stop taking her hypertension medications. Along with many positive life style changes.

### **HEART DISEASE/STROKE**

The Sebastian County Health is encouraging employees to participate in their version of The Biggest Loser. Employees are encouraged to adapt healthier life styles to lose weight. The contest runs from January 1, 2013 through April 30, 2013. There will be prizes for largest amount of weight lost and largest percent of weight lost.

During the last contest employees lost more than 300 pounds and one of the employees was able to stop taking her hypertension medications. Along with many positive life style changes.

### **NUTRITION**

The Sebastian County Health is encouraging employees to participate in their version of The Biggest Loser. Employees are encouraged to adapt healthier life styles to lose weight. The contest runs from January 1, 2013 through April 30, 2013. There will be prizes for largest amount of weight lost and largest percent of weight lost.

During the last contest employees lost more than 300 pounds and one of the employees was able to stop taking her hypertension medications. Along with many positive life style changes.

### **OBESITY**

The Sebastian County Health is encouraging employees to participate in their version of The Biggest Loser. Employees are encouraged to adapt healthier life styles to lose weight. The contest runs from January 1, 2013 through April 30, 2013. There will be prizes for largest amount of weight lost and largest percent of weight lost.

During the last contest employees lost more than 300 pounds and one of

the employees was able to stop taking her hypertension medications. Along with many positive life style changes.

#### **STD/AIDS/HIV**

01/02/13 Keith Mason presented and 2 Rapid HIV test and 2 Field Blood were done for Syphilis

01/02/13 Keith Mason presented and completed 5 Rapid HIV test and 4 field Bloods were drawn for Syphilis testing.

#### **WORKSITE WELLNESS**

The Sebastian County Health is encouraging employees to participate in their version of The Biggest Loser. Employees are encouraged to adapt healthier life styles to lose weight. The contest runs from January 1, 2013 through April 30, 2013. There will be prizes for largest amount of weight lost and largest percent of weight lost.

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#### **Any Special Project Highlights:**

- The Sebastian County Health is encouraging employees to participate in their version of The Biggest Loser. Employees are encouraged to adapt healthier life styles to lose weight. The contest runs from January 1, 2013 through April 30, 2013. There will be prizes for largest amount of weight lost and largest percent of weight lost.

During the last contest employees lost more than 300 pounds and one of the employees was able to stop taking her hypertension medications, along with many positive life style changes.

- County Judge Proclamation on 022513
- The entire week before our schools let out for Spring break we will have different speakers with different topics on injury prevention. March 11-15 there will be presenters setting up in our main lobby waiting room. Each day will be different speakers and topics of discussion. This project is named "BREAK AND BE SAFE" Some of the different topics will be as follows: Co-sleeping (safe sleeping habits with your infants), infant/child car seat safety, safe hand wash techniques, West Nile Virus and protective measures, Venomous snakes and insects found in our region, food safety, ATV/bicycle safety, Rabies Prevention, Drug related diseases, Reproductive and sexual health, and possibly more.

### **Van Buren County**

### **LHU Administrator: Donna Branscum**

#### **AGING POPULATION**

Medication Assistance program working with Senior Citizens with little or no resources.

#### **ALCOHOL & DRUG PREVENTION**

TEA Coalition working on Prevention projects with THUGS

#### **BREAST CARE**

#### **BREASTFEEDING**

Continue to work on opening Breastfeeding room. Peer Counselor on board soon.

#### **DIABETES**

Diabetes classes through OMHN January 9-11<sup>th</sup>. 4 in attendance. 50 workers screened at Petit Jean Electric through worksite wellness outreach

#### **EMERGENCY PREPAREDNESS**

Working with Sara Daniel to update MDP. Also, working with my OEM to set up meetings with law enforcement to complete MDP issues.

<b>ENVIRONMENTAL HEALTH</b>	Boil orders have been in effect for all water systems in Van Buren County for January and have been lifted. We have posted and informed clients
<b>INFANT MORTALITY</b>	YMHF working with young moms to decrease incidence. Unfortunately we have had two infant deaths in the past two months.
<b>INJURY PREVENTION</b>	Layce Vance with ACH working with TEA Coalition on injury prevention ideas.
<b>NUTRITION</b>	Working with TEA Coalition to assign plots in the community garden behind the Health Department for this year. Local Extension Agent is working with YMHF young moms on meal preparation for nutrition.
<b>OBESITY</b>	Identified as the most important goal to work on through the Community Assessment done through Ozark Health Hospital and OMHN
<b>PHYSICAL ACTIVITY</b>	Component of Obesity as above.
<b>TEEN PREGNANCY</b>	Young Moms/Healthy Families program has 22 moms and 23 babies (15 in VBC and 7 in Searcy County). The new MEICHV pregnant mom program has 13 young mom's 7 parenting and 5 pregnant in VBC. Jan 22 <sup>nd</sup> was monthly group meeting.
<b>TOBACCO/SMOKING CESSATION</b>	Tobacco program coordinator working on several projects with PSA's and involving THUGS.
<b>YOUTH OUTREACH</b>	THUG meetings in all 3 schools in January with total of 60 youth in attendance. Working on upcoming Prom activities.
<b>OTHERS: MAPP/MEDICATION ASSISTANCE PROGRAM</b>	161 patients currently enrolled. \$59,003.85 RX's received in January. 613 medication lock boxes distributed to date.
<b>ANY SURVEY (CAHS, CYHS, COUNTY HEALTH RANKINGS, YOUTH TOBACCO SURVEY, ETC.)</b>	Hospital did the community needs assessment and was reviewed at the OMHN meeting on 01/04
<b>GRANTS:</b>	
• ADH Tobacco Prevention Grant	OMHN has applied for grants for VBC and Searcy Counties.
• Susan B. Komen	Grant pending
• SAMSHA DFC	OMHN working on grant due in March
• Stop Act Grant	OMHN working on grant due in March
• Joint Use Agreement	10,000 between OMHN and Clinton Schools
<b>NETWORKING:</b>	
• 01/04/13	OMHN monthly meeting
• 01/10/13	MDT meeting
• 01/17/13	TEA Coalition Meeting

- 01/24/13 Met with OEM and County Judge on storage and MDP plan updates

**ADMINISTRATIVE FUNCTIONS, I.E. ANYTHING RELATED TO HHI**

- 01/24/13 Monthly staff meeting
- 01/25/13 Administrators Meeting in Russellville

**Washington County**

**LHU Administrator: Lana Rogers**

**BREASTFEEDING**

Marelisa Colberg-Beers: education provided to Washington Regional Medical Center on how their clients can obtain breast pumps from Arkansas WIC program.

**EMERGENCY PREPAREDNESS**

LAPC Meeting-Sara Schopper

**TOBACCO/SMOKING  
CESSATION**

SOS cards distributed to Maternity and Family Planning patients

**OTHERS:**

Yotina Masha-outreach/information regarding STDs to someone in community. This person called and came into clinic to be seen regarding concerns.

**MEETINGS/ TRAININGS:**

- Lana Rogers HHI Monthly Meeting/WCHU

**ALL PRESENTATIONS:**

- 1/7/13 "Health and Education Beliefs of the Marshall Islanders/Sandra Haneline, RN/Springdale School Nurses
- 1/16/13 "Cultural Awareness-Marshall Islanders of NW Arkansas"; Sandra Haneline, RN/Springdale School System-Entire Pre K teaching staff.

**Yell County**

**LHU Administrator: JM Graves**

**MEETINGS/ TRAININGS:**

- 15 th. Judicial District Drug Coalition
  1. Discussed two tobacco grants.
  2. Discussed Drug Take Back Day April 27
  3. Discussed flyers to school for Drug Take Back